



## Offers of support in everyday life

### INDIVIDUALS WORKING IN A VOLUNTARY CAPACITY

#### **Individual volunteers according to § 82 Para. 4 Sentence 2 No. 1 AVSG**

People with care level 1 or higher who live at home can receive support in everyday life from registered individual volunteers.

Individual volunteers can, for example, accompany people with care needs to the shops or church services, or cook and play together with them. They can do household chores or help family caregivers organise their daily care. The activities can be carried out together or by the volunteer alone. The support can be provided once or several times a week, on a regular or flexible basis.

#### **Why do I need to register as an individual volunteer?**

Registration is a prerequisite for settling the support provided via the relief amount with the public health insurance company.

You can register as an individual volunteer by post or online at [www.einzelperson-bayern.de](http://www.einzelperson-bayern.de).

#### **How can the services of an individual volunteer be settled with the public health insurance company?**

The relief amount (§ 45b SGB XI) of € 125 per month is available to those affected from care level 1. This can also be used for offers of support in everyday life by individual volunteers.

#### **Requirements for individual volunteers**

Individual volunteers can register under the following conditions:

- The individual volunteer must be at least 16 years old – in the case of minors, permission must be obtained from their legal guardians.
- The individual volunteer does not live in the same household as the person they are supporting.
- The individual volunteer must not be related to the person they are supporting by blood or marriage up to the second degree – e.g. acquaintances, friends or relatives from the third degree (e.g. niece/nephew) are eligible.
- If the individual volunteer does not have a qualification appropriate to the target group and activity, he/she must complete a free training course (8 teaching units) from a regional specialist centre for dementia and care ('Fachstelle für Demenz und Pflege) in Bavaria.
- The individual volunteer may not support more than 3 people with a care degree per month.
- The allowance paid to the individual volunteer for the support provided is significantly less than the minimum wage applicable to the activity in question.
- The volunteer individual has sufficient insurance cover (liability and accident insurance). Subsidiary insurance cover is provided according to the contractual conditions of the Bavarian Volunteer Insurance ('Bayerische Ehrenamtsversicherung').
- The individual volunteer must register with the specialist centre for dementia and care for the administrative district in which he/she provides assistance.

ALL INFORMATION, DOCUMENTS AND THE OPPORTUNITY TO  
REGISTER CAN BE FOUND AT

[www.einzelperson-bayern.de](http://www.einzelperson-bayern.de)

# Individual volunteers can register in three steps:

## INDIVIDUAL VOLUNTEERS

1.

### Applying for an institutional identifier

Before registering, please apply for a free institutional identifier with the registration document at the [ARGE IK – Arbeitsgemeinschaft Institutionskennzeichen](#) (working group on institutional identifiers).

The institution identification number is a unique feature for settling accounts with the social insurance institutions (irrespective of whether or not settlements are made by way of a notice of assignment).

2.

### Registration for a training course (if applicable)

Please register for a free training course at a regional specialist centre for dementia and care in Bavaria. You can find an overview of the training courses offered under [“Training dates”](#) on the website specified.

If the individual volunteer has a qualification that is appropriate for the target group and activity, no training is required prior to registration. Proof of qualification must be attached to the registration and will be checked as part of the registration process.

3.

### Registration via the registration form

You can now register as an individual volunteer via the homepage [www.einzelperson-bayern.de](http://www.einzelperson-bayern.de).

The regional specialist centre for dementia and care in your administrative district is available as a contact for any questions regarding volunteering as an individual:

#### Fachstelle für Demenz und Pflege Mittelfranken:

0981 / 4664 202 10

[info@demenz-pflege-mittelfranken.de](mailto:info@demenz-pflege-mittelfranken.de)

#### Fachstelle für Demenz und Pflege Niederbayern:

0871 / 963 671 56

[info@demenz-pflege-niederbayern.de](mailto:info@demenz-pflege-niederbayern.de)

#### Fachstelle für Demenz und Pflege Oberbayern:

089 / 436 696 51

[info@demenz-pflege-oberbayern.de](mailto:info@demenz-pflege-oberbayern.de)

#### Fachstelle für Demenz und Pflege Oberfranken:

0951 / 855 12

[info@demenz-pflege-oberfranken.de](mailto:info@demenz-pflege-oberfranken.de)

#### Fachstelle für Demenz und Pflege Oberpfalz:

09661 / 899 931 5

[info@demenz-pflege-oberpfalz.de](mailto:info@demenz-pflege-oberpfalz.de)

#### Fachstelle für Demenz und Pflege Schwaben:

0831 / 697 143 18

[info@demenz-pflege-schwaben.de](mailto:info@demenz-pflege-schwaben.de)

#### Fachstelle für Demenz und Pflege Unterfranken:

0931 / 207 814 40

[info@demenz-pflege-unterfranken.de](mailto:info@demenz-pflege-unterfranken.de)

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Festhalten,  
 was verbindet.  
Bayerische Demenzstrategie

**Freie Wohlfahrtspflege** Landesarbeitsgemeinschaft **Bayern**



Arbeitsgemeinschaft  
Landesverband  
Bayern e.V.



Bayerisches  
Rotes  
Kreuz



Landes-  
Caritasverband  
Bayern



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